

# CRESTON

## ADMISSION, HOURS + SCHEDULES

July 1<sup>st</sup> to  
September 1<sup>st</sup>, 2024



To view the guide and register online visit [rdck.ca/recreation](http://rdck.ca/recreation) or call 250.428.7127



Creston & District  
Community Complex

# SUMMER HOURS

July 2 – September 1, 2024

## ANNUAL POOL SHUTDOWN

August 26 - September 8

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	1:00 - 6:00pm	6:30am - 12:30pm <i>(Starting July 15th)</i>	9:00am - 8:00pm	6:30am - 8:00pm	9:00am - 8:00pm	6:30-8:00pm	11:00am-4:00pm
FITNESS CENTRE	1:00 - 6:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	8:00am - 4:00pm

**POOL ENTRANCE AGE:** Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arm's reach of a parent or guardian 16 years of age or older.

## GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$3.88	\$34.96
Adult (19-74)	\$7.77	\$69.91
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$15.54	-

Prices do not include taxes. \*10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

## ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included w/Admission group fitness classes, Public Skate, and Shinny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$69.91	\$178.28	\$314.61
Youth	\$34.96	\$89.14	\$157.31
2nd Adult	\$62.93	\$160.46	\$283.15
2nd Youth	\$31.46	\$80.23	\$141.57

**Terms and conditions:** To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

## HOLIDAY HOURS

### HOLIDAY CLOSURES

Canada Day  
BC Day  
Labour Day  
Truth & Reconciliation Day

### HOLIDAYS OPEN

**1:00-5:00pm**  
Thanksgiving Day

## LEISURE ACCESS PROGRAM

This program provides low income families and individuals in our community with an opportunity to participate in recreation programs and services.

Residents of the RDCK are eligible for this program. It is based on the combined annual household income and must be re-applied for each year.

The program is undergoing changes to increase access for RDCK residents. All current pass holders for the 2023/2024 season, will have their pass extended until Aug 31, 2024. New application and program details will be available later in the summer.

# POOL SCHEDULE

July - August, 2024

**SWIMMING POOL CLOSED:**

July 1, August 5th

**POOL ANNUAL SHUTDOWN:**

August 26- September 8

Schedule is subject to change.

**SAVE THE DATES!** The 2nd & 4th Sunday of the month we will have the **WIBIT DAY**.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>NEW HOURS</b> Starting July 15th		<b>LAPS &amp; LEISURE</b> 6:30-7:15am		<b>LAPS &amp; LEISURE</b> 6:30-7:15am	
	<b>LAPS &amp; LEISURE</b> 6:30-8:30am		<b>AQUA TONE &amp; FLEX</b> 7:15-8:00am		<b>CARDIO H2O</b> 7:15-8:00am	
	<b>LEISURE SWIM</b> 6:30am-12:30pm	<b>AQUA DEEP H2O</b> 8:30-9:15am <b>NEW</b>	<b>AQUA GENTLE JOINTS</b> 8:30-9:15am	<b>LEADERSHIP COURSES</b> 9:30am-4:00pm	<b>AQUA GENTLE JOINTS</b> 8:30-9:15am	
		<b>AQUA CONDITIONING</b> 9:15-10:00am	<b>LEADERSHIP COURSES</b> 9:30am-4:00pm	<b>SWIM LESSONS</b> 9:30am-12:30pm + 3:00-6:00pm	<b>LEADERSHIP COURSES</b> 9:30am-4:00pm	
<b>LAPS &amp; LEISURE</b> 1:00-2:00pm		<b>LEISURE SWIM</b> 9:00am-8:00pm	<b>LEISURE SWIM</b> 6:00am-8:00pm	<b>LEISURE SWIM</b> 9:00am-8:00pm	<b>LEISURE SWIM</b> 6:00am-8:00pm	<b>LEISURE SWIM</b> 11:00am-4:00pm
<b>LEISURE SWIM</b> 1:00-6:00pm		<b>SWIM LESSONS</b> 9:30am-12:30pm + 3:00-6:00pm	<b>SWIM LESSONS</b> 9:30am-12:30pm + 3:00-6:00pm		<b>SWIM LESSONS</b> 9:30am-12:30pm + 3:00-6:00pm	<b>LAPS &amp; LEISURE</b> 11:00-12:00pm
<b>WIBIT DAY</b> 2nd & 4th Sunday of the month 2:00-3:30pm		<b>SPORTS GROUPS</b> 3:45-5:45pm	<b>SPORTS GROUPS</b> 3:45-5:45pm	<b>SPORTS GROUPS</b> 3:45-5:45pm	<b>SPORTS GROUPS</b> 3:45-5:45pm	
		<b>LAPS &amp; LEISURE</b> 7:00-8:00pm	<b>LAPS &amp; LEISURE</b> 7:00-8:00pm	<b>LAPS &amp; LEISURE</b> 7:00-8:00pm	<b>LAPS &amp; LEISURE</b> 7:00-8:00pm	

### Leisure Swim

1 lap lane, leisure and hot areas available, a feature will be open, either climbing wall or diving board

### Laps & Leisure

3 lap lanes, leisure pool and hot areas available

### Wibit Days

Come join our Splash Squad for some amazing Wibit fun on every 2nd and 4th Sunday.



Register Online: [rdck.ca/recreation](http://rdck.ca/recreation)



Or Register by Phone: 250-428-7127

# FITNESS SCHEDULE

## July - August, 2024

Included with Admission or Active Pass

Pre Registered Program

All programs are located at the Creston & District Community Complex

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			9:00-10:00 FUNCTIONAL FITNESS	
			10:30 - 11:30AM BALANCE AND MOBILITY	
		11:15-12:15 MOVE TO IMPROVE <i>Fitness Studio</i>		11:15-12:15 MOVE TO IMPROVE <i>Fitness Studio</i>
5:00 - 6:00PM ZUMBA <i>Erickson Room</i>		5:00 - 6:00PM BELLY DANCING		
5:15-6:15 FULL BODY STRENGTH AND CONDITIONING		5:15 - 6:15PM BOOTCAMP <i>Curling Rink Dry Floor</i>		

\*\*Participants must be 15 years of age to attend classes

Registration for included with admission programs, within 24 hours of a program start time, is only available to those who have purchased a 1, 3, or 6 month Active Pass time-based-membership or Golden Guests.

In-person registration is required, for users who do not have a 1, 3, or 6 month Active Pass time-based membership, one hour prior to the program start time. If you do not have a time-based-membership, you can no longer call the front desk to register.



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